

# Patient Education - Tretinoin 0.04%, Azelaic Acid 5%, Niacinamide 4% Topical Gel

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

**Tretinoin** - Tretinoin is a form of vitamin A that helps the skin renew itself, is used to treat acne, to smooth rough facial skin, and to reduce the appearance of fine wrinkles and mottled skin discoloration.

Tretinoin topical may also be used for purposes not listed in this medication guide.

More frequently reported side effects include: exfoliation of skin, stinging of the skin, localized warm feeling, and mild erythema of skin.

Do not give tretinoin topical to a child without medical advice. Some brands of tretinoin topical are not approved for use in anyone under 18.

It is not known whether tretinoin topical will harm an unborn baby. Tell your doctor if you are pregnant.

It may not be safe to breast-feed a baby while you are using this medicine. Ask your doctor about any risks.

Wash your hands before and after applying tretinoin topical. Before applying, clean and dry the skin area to be treated. Applying tretinoin topical to wet skin may cause skin irritation.

Do not wash the treated area or apply other skin products for at least 1 hour after applying tretinoin topical.

Tretinoin topical should be used as part of a complete skin care program that includes avoiding sunlight and using an effective sunscreen and protective clothing.

Call your doctor at once if you have:

severe burning, stinging, or irritation of treated skin severe skin dryness or severe redness, swelling, blistering, peeling, or crusting.

Your skin may be more sensitive to weather extremes such as cold and wind while using tretinoin topical.

Common side effects may include:

skin pain, redness, burning, itching, or irritation sore throat mild warmth or stinging where the medicine was applied or changes in color of treated skin.

**Azelaic Acid** - a naturally occurring acid. It helps the skin to renew itself more quickly and therefore reduces pimple and blackhead formation. It also helps to kill the bacteria that cause acne and rosacea.

Azelaic acid topical (for the skin) is used to treat acne and rosacea & may also be used for purposes not listed in this medication guide.

Azelaic acid topical is not expected to harm an unborn baby. Tell your doctor if you are pregnant or plan to become pregnant during treatment.

It is not known whether azelaic acid topical passes into breast milk or if it could harm a nursing baby. Do not use this medication without telling your doctor if you are breast-feeding a baby.

Stop using azelaic acid topical and call your doctor at once if you have:

severe burning, stinging, or warmth severe itching or tingling severe redness, dryness, peeling, or other irritation or changes in skin color.

Less serious side effects are more likely, and you may have none at all.

**Niacinamide** – Topical anti-inflammatory

When applied topically, niacinamide has been shown to have anti-inflammatory effects on the skin. It has been used to treat skin conditions like acne and rosacea, a facial skin disorder characterized by redness.

Possible side effects include: mild burning, itching, or redness.