

Patient Education - Minoxidil 0.5mg, Spironolactone 25mg

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Only use medication as prescribed

This medication was compounded by a pharmacy per prescriber request. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss a dose, take as soon as you remember. If it is close to the next dose, skip the missed dose. Do not take double the dosage.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Please review the following:

Minoxidil - is used to help you regrow hair on your scalp & may also be used for purposes not listed in this medication guide. Minoxidil will not cause permanent regrowth of scalp hair. You must continue using the product to keep the regrowth of your hair.

Using more of this medicine than recommended will not speed up hair growth, and may cause dangerous side effects. Ask a doctor or pharmacist if it is safe for you to use minoxidil if you have other medical conditions, especially heart disease.

FDA pregnancy category C. It is not known whether minoxidil topical will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant. It is not known whether minoxidil passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.

Do not use this medicine on anyone under 18 years old without medical advice.

Call your doctor at once if you have: Chest pain, quick drop of blood pressure fast heartbeats, swelling in your hands or feet, rapid weight gain, a light-headed feeling, like you might pass out headache, dizziness, confusion, or flushing (warmth, redness, or tingly feeling).

Common side effects may include: hair growth (possibly in various parts of the body), lowered blood pressure.

Spironolactone- Oral spironolactone is a potassium-sparing diuretic, primarily used for treating conditions such as high blood pressure and fluid retention. However, it has also been found to be effective in treating certain types of acne, particularly in adult women.

Spironolactone is an antiandrogen, which means it inhibits the effects of androgens (male hormones) in the body. Acne in women is often influenced by androgens, specifically dihydrotestosterone (DHT). DHT stimulates the oil glands in the skin, leading to increased sebum (oil) production, clogged pores, and the development of acne lesions.

By blocking the androgen receptors, spironolactone reduces the effects of androgens on the skin, resulting in decreased sebum production. This helps to unclog pores, reduce inflammation, and prevent the formation of new acne lesions. Spironolactone also has an anti-inflammatory effect, which can further contribute to its efficacy in treating acne.

It's important to note that spironolactone is typically prescribed for moderate to severe acne that is resistant to other treatments. It is often used as an off-label treatment, meaning it is not FDA-approved specifically for acne but has shown effectiveness in clinical practice

You should not use spironolactone if you are allergic to it, or if you have: Addison's disease (an adrenal gland disorder) high levels of potassium in your blood (hyperkalemia) if you are unable to urinate or if you are also taking eplerenone.

To make sure spironolactone is safe for you, tell your doctor if you have: an electrolyte imbalance (such as low levels of calcium, magnesium, or sodium in your blood) kidney disease liver disease or heart disease.

Pregnant women should not use spironolactone. Tell your doctor if you are pregnant or plan to become pregnant. Having congestive heart failure, cirrhosis, or uncontrolled high blood pressure during pregnancy may lead to medical problems in the mother or the baby. It may not be safe to breastfeed while using spironolactone. Ask your doctor about any risk.

Call your doctor at once if you have: a light-headed feeling, like you might pass out little or no urination high potassium level - nausea, weakness, tingly feeling, chest pain, irregular heartbeats, loss of movement signs of other electrolyte imbalances - increased thirst or urination, confusion, vomiting, muscle pain, slurred speech, severe weakness, numbness, loss of coordination, feeling unsteady.

Common spironolactone side effects may include: breast swelling or tenderness.

This is not a complete list of side effects and others may occur.