## Patient Education - Lidocaine 2% Viscous, Diphenhydramine, Mylanta 1:1:1 Oral Suspension

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 - Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The "Do not use after" date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

 $MedWatch: The FDA Safety Information and Adverse \ Event \ Reporting \ Program - Website: https://www.fda.gov/Safety/MedWatch/default.htm - Toll \ free number: 1-888-463-6332$ 

Your medication contains the following active ingredients. Please review the following:

Lidocaine (viscous) is a local anesthetic (numbing medication). It works by blocking nerve signals in your body & is used to treat sores inside the mouth, during dental procedures to numb the gums, and to numb the mouth and throat before a surgery or medical procedure & may also be used for purposes not listed in this medication guide.

Warnings: Do not use lidocaine viscous to treat teething pain in a baby. Death can occur from the use of this medicine in very young children.

An overdose of numbing medication can cause fatal side effects if too much of the medicine is absorbed through your gums and into your blood.

You should not use lidocaine viscous if you are allergic to any type of numbing medicine.

Tell your doctor if you have ever had: liver disease a serious heart condition such as "AV block" an allergy to any drugs or broken, swollen, or damaged skin or gum tissue. Ask a doctor before using this medicine if you are pregnant or breast-feeding.

Older adults may be more sensitive to the effects of this medicine.

Improper use of lidocaine viscous may result in death.

Use the smallest amount of this medication needed to numb or relieve pain. Do not use large amounts of lidocaine viscous.

Avoid eating within 1 hour after using this medicine inside your mouth or throat. You may have trouble swallowing and choking could occur, especially in a child.

Store at room temperature away from moisture and heat.

An overdose of numbing medicine can cause fatal side effects if too much of the medicine is absorbed through your gums and into your blood. Overdose symptoms may include uneven heartbeats, seizure (convulsions), slowed breathing, coma, or respiratory failure (breathing stops).

Avoid eating, chewing gum, or drinking hot liquids until the feeling in your mouth has returned completely. Chewing while your mouth is numb could result in a bite injury to your tongue, lips, or inside of your cheek.

Do not allow lidocaine viscous to come into contact with your eyes. If it does, rinse with water.

Get emergency medical help if you have signs of an allergic reaction: hives difficulty breathing swelling of your face, lips, tongue, or throat.

Diphenhydramine is an antihistamine that reduces the effects of natural chemical histamine in the body. Histamine can produce symptoms of sneezing, itching, watery eyes, and runny nose. Diphenhydramine is used to treat sneezing, runny nose, watery eyes, hives, skin rash, itching, and other cold or allergy symptoms. It is also used to treat motion sickness, to induce sleep, and to treat certain symptoms of Parkinson's disease & may also be used for purposes not listed in this medication guide.

Warnings: When taking diphenhydramine, use caution driving, operating machinery, or performing other hazardous activities. Diphenhydramine may cause dizziness or drowsiness. If you experience dizziness or drowsiness, avoid these activities.

Use alcohol cautiously. Alcohol may increase drowsiness and dizziness while taking diphenhydramine.

Do not give this medication to a child younger than 2 years old. Always ask a doctor before giving a cough or cold medicine to a child. Death can occur from the misuse of cough and cold medicines in very young children.

You should not use diphenhydramine if you are allergic to it.

Ask a doctor or pharmacist if it is safe for you to take diphenhydramine if you have other medical conditions, especially: blockage in your digestive tract (stomach or intestines) bladder obstruction or other urination problems a colostomy or ileostomy liver or kidney disease asthma, chronic obstructive pulmonary disease (COPD), or other breathing disorder cough with mucus, or cough caused by smoking, emphysema, or chronic bronchitis heart disease, low blood pressure glaucoma a thyroid disorder or if you take potassium.

It is not known whether diphenhydramine will harm an unborn baby. Ask a doctor before using this medicine if you are pregnant.

Diphenhydramine can pass into breast milk and may harm a nursing baby. Antihistamines may also slow breast milk production. Ask a doctor before using this medicine if you are breast-feeding.

Older adults may be more likely to have side effects from this medicine.

This medication can affect the results of allergy skin tests. Tell any doctor who treats you that you are using diphenhydramine.

This medication may cause blurred vision and may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert and able to see clearly.

Get emergency medical help if you have any signs of an allergic reaction to diphenhydramine: hives difficult breathing swelling of your face, lips, tongue, or throat.

Stop using diphenhydramine and call your doctor at once if you have: pounding heartbeats or fluttering in your chest painful or difficult urination little or no urinating confusion, feeling like you might pass out or tightness in your neck or jaw, uncontrollable movements of your tongue.

Common diphenhydramine side effects may include: dizziness, drowsiness, loss of coordination dry mouth, nose, or throat constipation, upset stomach dry eyes, blurred vision or day-time drowsiness or "hangover" feeling after night-time use. This is not a complete list of side effects and others may occur.

Mylanta: contains aluminum, magnesium, simethicone, or any other part of Mylanta (aluminum hydroxide, magnesium hydroxide, and simethicone suspension). It is used to ease too much gas in the stomach, to treat heartburn and upset stomach & may be given to you for other reasons.

Do not use if: you have an allergy to aluminum, magnesium, simethicone, or any other part of Mylanta (aluminum hydroxide, magnesium hydroxide, and simethicone suspension) or if you have kidney problems.