Patient Education - Hydroquinone 5%, Niacinamide 4% Topical Gel

Hillcrest Pharmacy   781 E FT Union Blvd Midvale, UT 84047   –   Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert
- Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The "Do not use after" date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program

Website address:
https://www.fda.gov/Safety/MedWatch/default.htm

Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Hydroquinone - Hydroquinone decreases the formation of melanin in the skin. Melanin is the pigment in skin that gives it a brown color. Hydroquinone topical (for the skin) is used to lighten areas of darkened skin such as freckles, age spots, melasma (sun damage), or chloasma (darkened skin caused by hormonal changes). Hydroquinone may also be used for purposes not listed in this medication guide.
You should not use hydroquinone topical if you are allergic to hydroquinone or peroxide.

Ask a doctor or pharmacist if it is safe for you to use this medicine if you have other medical conditions, especially:
liver or kidney disease, asthma or sulfite allergy

It is not known whether hydroquinone topical will harm an unborn baby. Do not use this medicine without a doctor's advice if you are pregnant.
It is not known whether hydroquinone topical passes into breast milk or if it could harm a nursing baby. Do not use this medicine without a doctor's advice if you are breast-feeding a baby.
Do not give this medicine to anyone under 12 years old without medical advice.

Hydroquinone topical is usually applied each morning and at bedtime. Use exactly as directed on the label, or as prescribed by your doctor. Do not use in larger or smaller amounts or for longer than recommended.

Hydroquinone topical is for use only on the skin. Avoid getting this medicine on your lips or inside your nose or mouth. Hydroquinone may cause numbness of these areas. Before you start using hydroquinone topical, you may choose to apply a "test dose" to see if you have an allergic reaction to this medicine. Apply a very small amount of the medicine to a small area of healthy skin, and check the area within 24 hours. If there is no reaction other than minor redness, begin using the full prescribed amount of the medicine.

Do not use hydroquinone topical on open wounds or on sunburned, windburned, dry, chapped, or irritated skin.

Wash your hands before and after applying this medicine, unless you are using it to treat the skin on your hands.
Apply this medicine only to the affected skin areas that need to be lightened. Try not to get any medicine on the skin around these areas.

Store at room temperature away from moisture and heat. Keep the container tightly closed when not in use.

Avoid exposure to sunlight or tanning beds. Hydroquinone topical can make you sunburn more easily. Wear protective clothing and use sunscreen (SPF 30 or higher) when you are outdoors.

Avoid getting hydroquinone topical in your eyes.
Hydroquinone topical may make your skin more sensitive to weather extremes such as cold and wind. Protect your skin with clothing and use a moisturizing lotion as needed.

Using hydroquinone topical together with benzoyl peroxide, hydrogen peroxide, or other peroxide products may stain your skin. This staining can usually be removed with soap and water.

Avoid using skin products that can cause irritation, such as harsh soaps, shampoos, or skin cleansers, hair coloring or permanent chemicals, hair removers or waxes, or skin products with alcohol, spices, astringents, or lime.

Stop using hydroquinone topical and call your doctor at once if you have: severe skin redness, burning, or stinging severe skin dryness, cracking, or bleeding blisters or oozing or blue or black discoloration of the skin (especially if you are Hispanic or African-American).

Side effects include:
Mild skin irritation and sensitization (e.g., burning, erythema, stinging). This is not a complete list of side effects and others may occur.

Niacinamide – Topical anti-inflammatory (non-steroid)

When applied topically, niacinamide has been shown to have anti-inflammatory effects on the skin. It has been used to treat skin conditions like acne and rosacea, a facial skin disorder characterized by redness.

Possible side effects include: mild burning, itching, or redness.