

Patient Education - Semaglutide 1mg/mL Sublingual Suspension

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

Patient Education Insert:

-Use medication as prescribed

This medication was compounded by a pharmacy per prescriber request. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain.

Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of undesirable side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Semaglutide is used for adults with type 2 diabetes mellitus to control blood sugar levels and has also been shown in studies to help weight loss, but it is not an FDA-approved weight loss medicine.

Semaglutide works to lower blood sugar (glucose) levels by increasing how much insulin is released and decreasing glucagon secretion. This medicine also may slow gastric emptying after eating. Semaglutide is in the class of medicines called GLP-1 receptor agonists (glucagon-like peptide-1 receptor agonist). Semaglutide is not for treating type 1 diabetes.

Warnings:

You should not use semaglutide if you have multiple endocrine neoplasia type 2 (tumors in your glands), a personal or family history of medullary thyroid cancer, insulin-dependent diabetes, or diabetic ketoacidosis.

Call your doctor at once if you have signs of a thyroid tumor, such as swelling or a lump in your neck, trouble swallowing, a hoarse voice, or shortness of breath.

You should not use semaglutide if you are allergic to semaglutide, or if you have: multiple endocrine neoplasia type 2 (tumors in your glands) or a personal or family history of medullary thyroid carcinoma (a type of thyroid cancer). To make sure semaglutide is safe for you, tell your doctor if you have: a stomach or intestinal disorder gallbladder disease pancreatitis eye problems caused by diabetes (retinopathy) or kidney disease. In animal studies, semaglutide caused thyroid tumors or thyroid cancer. It is not known whether these effects would occur in people. Ask your doctor about your risk. Semaglutide is not approved for use by anyone younger than 18 years old.

Pregnancy and Breastfeeding:

Stop using semaglutide at least 2 months before you plan to get pregnant. Ask your doctor for a safer medicine to use during this time. Controlling diabetes is very important during pregnancy, as is gaining the right amount of weight. Even if you are overweight, losing weight during pregnancy could harm the unborn baby.

You should not breastfeed while using semaglutide.

Use:

Semaglutide sublingual suspension should be held in your mouth under the tongue once per day in the morning. Do not eat or drink anything (including other medications) for 30 minutes after dose is taken. Read and follow all Instructions for Use. Ask your doctor or pharmacist if you need help. Do not use different brands of semaglutide at the same time. Blood sugar can be affected by stress, illness, surgery, exercise, alcohol use, or skipping meals.

Low blood sugar (hypoglycemia) can make you feel very hungry, dizzy, irritable, or shaky. To quickly treat hypoglycemia, eat or drink hard candy, crackers, raisins, fruit juice, or non-diet soda. Your doctor may prescribe glucagon injection in case of severe hypoglycemia.

Tell your doctor if you have frequent symptoms of high blood sugar (hyperglycemia) such as increased thirst or urination. Ask your doctor before changing your dose or medication schedule.

Your treatment may also include diet, exercise, weight control, medical tests, and special medical care.

You may get dehydrated during prolonged illness. Call your doctor if you are sick with vomiting or diarrhea, or if you eat or drink less than usual.

Store semaglutide in the original package at room temperature, away from moisture and heat. Keep out of the reach of children and pets.

If you miss a dose, skip the missed dose and use your next dose at the regular time. Do not use two doses of semaglutide at one time.

If you take more than your prescribed dose or suspect that you have taken an overdose, please seek emergency medical attention or call the Poison Help line at 1-800-222-1222.

Overdose may cause severe nausea, vomiting, or low blood sugar.

Side effects

Get emergency medical help if you have signs of an allergic reaction to semaglutide: hives, itching dizziness, fast heartbeats difficult breathing swelling of your face, lips, tongue, or throat.

.Call your doctor at once if you have:

vision changes unusual mood changes, thoughts about hurting yourself pounding heartbeats or fluttering in your chest a light-headed feeling, like you might pass out signs of a thyroid tumor - swelling or a lump in your neck, trouble swallowing, a hoarse voice, feeling short of breath symptoms of pancreatitis - severe pain in your upper stomach

spreading to your back, nausea with or without vomiting, fast heart rate gallbladder problems - upper stomach pain, fever, clay-colored stools, jaundice (yellowing of the skin or eyes) low blood sugar - headache, hunger, weakness, sweating, confusion, irritability, dizziness, fast heart rate, or feeling jittery kidney problems - swelling, urinating less, feeling tired or short of breath or stomach flu symptoms - stomach cramps, vomiting, loss of appetite, diarrhea (may be watery or bloody).

Common semaglutide side effects may include:

low blood sugar (in people with type 2 diabetes) upset stomach, heartburn, burping, gas, bloating nausea, vomiting, stomach pain, loss of appetite diarrhea, constipation runny nose or sore throat stomach flu symptoms or headache, dizziness, tiredness.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.