

# Patient Education - Tazarotene 0.06%, Niacinamide 2% Topical Gel

Hillcrest Pharmacy 781 E FT Union Blvd Midvale, UT 84047 – Direct 385-900-1400, Toll Free 1-855-499-2556

## Patient Education Insert

-Apply medication to affected area as prescribed

This medication was compounded by a pharmacy per prescriber request. For external use only. Wash hands before and after use unless the medication is for your hands. Store at room temperature (68 to 77 degrees Fahrenheit). Keep away from children and pets. Do not flush unused medications or pour down a sink or drain. Do not swallow and avoid contact with eyes. Do not use more than your medical provider has instructed you to use. Do not use more often or for longer than you were instructed. Doing any of these may increase the chance of side effects.

The “Do not use after” date printed on the prescription label is generated using State & Federal compounding laws. Some preparations are made 1-3 days before the prescription is issued, in anticipation of expected demand. If you have any questions or concerns regarding this, please do not hesitate to call and speak to one of our pharmacists.

Do not use if an allergic reaction occurs due to any of the listed active ingredients on the prescription label. Signs of an allergic reaction may include rash hives itching shortness of breath wheezing cough swelling of face, lips, tongue or throat or any other signs.

Contact your medical provider or pharmacy if you have concerns about listed side effects or if you experience unexpected irritation. Notify your medical provider of any medical updates and of all drug changes including over-the-counter and herbal medications.

If you miss an application, apply as soon as you remember. If it is close to the next application, skip the missed application. Do not double applications.

We want to offer you the best service possible. In the event you have a concern or complaint please call the pharmacy at 385-900-1400.

MedWatch: The FDA Safety Information and Adverse Event Reporting Program - Website address: <https://www.fda.gov/Safety/MedWatch/default.htm> - Toll free number: 1-888-463-6332

Your medication contains the following active ingredients. Please review the following:

Tazarotene - topical (for use on skin) is a compound similar to vitamin A. It helps the skin to renew itself more quickly and may improve the appearance and texture of skin. It is commonly used to reduce the appearance of fine wrinkles on the face, mottled light and dark skin patches on the face, benign facial lentiginos (non-cancerous freckles), acne vulgaris, and psoriasis. Tazarotene topical may also be used for purposes not listed in this medication guide.

Tazarotene topical can cause birth defects. Do not use if you are pregnant. Use effective birth control to prevent pregnancy. Stop using tazarotene topical and tell your doctor right away if you become pregnant, if you stop using birth control, or if you miss a menstrual period.

It may not be safe to breastfeed while using this medicine. Ask your doctor about any risk.

Tazarotene topical is usually applied once daily in the evening or at bedtime. Follow all directions on your prescription label and read all medication guides or instruction sheets. Use the medicine exactly as directed.

Do not take by mouth. Topical medicine is for use only on the skin. Do not use tazarotene topical on open wounds or on sunburned, windburned, dry, chapped, or irritated skin. Wait until these conditions have fully healed before using tazarotene topical. If this medicine gets in your eyes, nose, mouth, rectum, or vagina, rinse with water.

Read and carefully follow any Instructions for Use provided with your medicine. Ask your doctor or pharmacist if you do not understand these instructions.

Avoid applying the medication to eyes & unaffected areas. If medication accidentally gets in eyes or areas that do not need treatment, wash it off.

Your skin may be more sensitive to weather extremes such as cold and wind during treatment with tazarotene topical. Protect your skin with clothing and use a moisturizer as needed.

Store at room temperature, away from moisture and heat. Do not freeze.

Avoid using other skin medications on the areas you treat with tazarotene topical unless your doctor tells you to.

Avoid exposure to sunlight or tanning beds. Tazarotene topical can make you sunburn more easily. Wear protective clothing and use sunscreen (SPF 30 or higher) when you are outdoors.

Avoid using skin products that can cause irritation, such as harsh soaps, shampoos, hair coloring or perm chemicals, hair removers or waxes, or products with alcohol, spices, astringents, or lime.

Stop using tazarotene topical and call your doctor at once if you have: severe skin irritation (pain, dryness, flaking, peeling, burning, stinging, itching) after applying the medicine blistering or peeling skin severe redness or discomfort or swelling, warmth, oozing, or other signs of skin infection.

Common side effects may include: dry, scaly, or peeling skin skin pain, redness or burning or itching or other irritation of treated skin.

This is not a complete list of side effects and others may occur.

## Niacinamide – Topical anti-inflammatory

When applied topically, niacinamide has been shown to have anti-inflammatory effects on the skin. It has been used to treat skin conditions like acne and rosacea, a facial skin disorder characterized by redness.

Possible side effects include: mild burning, itching, or redness.